

News Bulletin – July/November 2008

Greetings to all our supporters, we hope this finds you in good health and we're pleased to pass on some really good news:

Due to all your generous support of Spreading Health, enough money has been raised to pay for 5 successful candidates to start their nurse training in Bamenda, NW Cameroon. We have just heard from Bamenda that the money has arrived safely and that the 5 nurse students began their course on 6th October.

Our partner NGO in Cameroon, SHUMAS, worked hard visiting many villages to offer sponsorships to suitably qualified candidates. They interviewed 17 from rural communities and have selected the 5 below. It's exciting that in this first year these 5 will benefit from this sponsorship as will, subsequently, the health of their 5 communities.

It makes it so much more real to see the names and details of actual people!

NAME	AGE	COMMUNITY	REMARKS
WIRBA Zulaika Mensiy	21	Ngendzen	2 science A levels
NSAKSE Havilah Tengha	20	Lui (Oku)	Good academic profile. She is an orphan – she is focused.
WIRNKAR Ntoshini Oscar	42	Noi (Jakiri)	- He has been working in this clinic for over 13 years without any training.- Has good community spirit
TAWONG Omer	23	Bamdzen	Enthusiastic and interested in community development
TOH Elvis Enoh	21	Njen (Batibo)	has a particular liking for working in the health sector.

FUND-RAISING:

We have now passed the magical £5000 figure and can therefore register for charitable status, which in turn, apart from the 'charity' label, allows us to claim Gift Aid on future donations once we're registered, raising an extra 28p per pound.

Thank you to everyone who has contributed to making this successful either by individual donations or raising funds.

Our thanks to Richard Pethen from Sheffield who ran 2 sponsored half marathons in aid of *Spreading Health* and has raised a fantastic £1400. Thanks Rick.

Also thanks to the staff and patients at Alma Medical Centre in Bournemouth who have currently raised over £3000 by sales of cakes, books.

Thanks to those of you who have set up standing orders to support us, this is a great help in financial planning. For anyone who is considering this, standing order bank forms can be [downloaded here \(.pdf format\)](#) A completed form should be returned to your own bank.

PUBLICITY:

The Bournemouth Echo ran a 2 page article about PH's trip to Cameroon and the setting up of the charity which has helped to raise our profile locally.

WEBSITE:

Many thanks to Graham Borgonon for all his hard work (given freely) on the website which, I'm sure you will all agree looks very professional.

VISIT:

Peter and Glyn are going to Cameroon in November to meet the sponsored student nurses at their college and travel to Lui where Peter visited last year. Sue (another trustee of *Spreading Health*) hopes to visit in 2009.

A big thank you to staff at Poole Hospital Paediatric Dept. for their generous donations of books and supplies to take with us.